GREAT EXPERIENCES IN TERM 1

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<th>Week 10</th>
<th>Date</th>
<th>Excursion</th>
<th>Cost</th>
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<td>All week</td>
<td>4/4/14</td>
<td>Yr 12 Mid Course Exams at Gosford Racecourse</td>
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<td>Catholic Scripture</td>
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<th>Week 11</th>
<th>Date</th>
<th>Excursion</th>
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<tr>
<td>All week</td>
<td>7/4 – 9/4/14</td>
<td>Yr 12 Mid Course Exams at Gosford Racecourse</td>
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<td>Yr 7 Great Aussie Bush Camp at Kincumber</td>
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BULLYING NO WAY!

In the past week our school was identified and recognised for our proactive stance on anti-bullying. Coinciding with the national day of action against bullying and our Harmony Day celebrations, we were visited by our Federal Member, Lucy Wicks, to discuss our philosophies and practices that see HKHS being promoted as a leading school in anti-bullying. Mrs Wicks met with Mr Backhouse, Mrs Cooper, and student leaders Tahmyna Khoshnoud-Rad and Abbey Willcox. There was very positive discussion and she was excited about our beliefs that anti-bullying is far more than one day of awareness-raising at this school; it is embedded as part of our culture and sense of community and is evidenced on a daily basis. Whilst bullying is still an issue for us, we have a strong stance of absolutely no tolerance, which is supported vibrantly at a student level.

GOOD LUCK TO YEAR 12 AS THEY COMMENCE THEIR MID COURSE EXAMINATIONS

Year 12 enter a challenging phase in their HSC preparations over the next two weeks through their mid-course examinations. The teaching staff have been thrilled and impressed by the dedication, work ethic and commitment of this year’s cohort and have little doubt that these efforts will be realised with thorough revision, effective examination time management and remaining positive. As parents are aware, the examinations will be held at the Racecourse to ensure there is no impact from the continued building works on the Gosford Public School site next door. We wish Year 12 well.

Mr Andrew Backhouse, Principal

What’s happened? ..........

SRC REPORT

YMCA THINK TANK: POLICY WORKING DAY - ERINA

On Friday 21 February the SRC was invited to a YMCA Think Tank: Policy Working Day at Erina Fair. The concept of the day was for the YMCA to question young people about the effects of gambling in their community so that a report could be written to parliament for the current legislation discussion. Four members from Henry Kendall attended - School Captain Tahmyna Khoshnoud-Rad, Aaron Adams, Nicholas Chapman and Sharmila Schumacher. All the students enjoyed engaging in the activities during the day and meeting other students from around the Central Coast. Special guests included Senator Deborah O'Neil and Gosford Councillor Deanna Bocking, who were both able to spend time with the students giving their support and having photos. The students really enjoyed the day and feel empowered that they have been able to serve their community.

SRC EXECUTIVE OUT AND ABOUT AT SEVERAL CENTRAL COAST EVENTS

Emily Wardle and Emily Sharpe had an early start on Monday 10 March when they attended the Central Coast Grammar Annual Women’s International Day Breakfast. The event was attended by many from around the Central Coast. The girls stated that it was a really good event and they enjoyed listening to the guest speakers: Head of Senior College, Denise McDonough; the Mayor of Gosford, Lawrie McKinna; and President of CGGS Parents & Friends Committee, Sue Williams. The theme of this day was “inspiring change”. However, the girls stated that the most moving speech came from country music star Gina Jeffreys. Gina shared the story of her own evolution from music star to mum and the struggles she has faced.

Sean Gilhooly and Abbey Wilcox attended the local citizenship ceremony at the Gosford Council Chambers on Thursday 13 March. It is fantastic for the students to be invited to this event and the school thanks the Shire Council for the opportunity. Both the students said that they were impressed by the ceremony and felt privileged to be representing the school.
YEAR 7 & 8 ENJOY THE BEATTY CLAN CREW PERFORMANCE

The HSIE Faculty was pleased to present the Beatty Clan Crew performance on 12 March. The group shared their wonderful knowledge of Aboriginal and Torres Strait Islander culture. Year 7 and 8 students were an amazing audience, happily volunteering to dance and sing on stage.

HARMONY DAY A HUGE SUCCESS

Harmony Day was held a week early this year due to commitments on the school calendar but did not stop the students of HKHS from getting into a harmonious mood with smiles and laughter heard all day. Due to some of the building works, the venue for the events was moved into the brand new G Block quad and students were able to move around different stalls looking at cultural venues, getting their faces painted, eating great food from the BBQ and listening to music from HKHS students. As part of the celebrations, a harmony kite was created and students were able to write a message of peace to add to the tail of the kite. This will be displayed in the school library for future generations. As a bit of fun, many students gathered on the oval at lunchtime for a giant school photo. It is brilliant to see so many happy faces in the same location. Well Done HKHS!!

HENRY KENDALL HIGH SCHOOL WINS ROUND ONE OF THE MOCK TRIAL

Year 11 Legal Studies has enjoyed becoming involved in the Mock Trial Competition, which is run by the Law Society NSW. The inter-school competition supports work being done in class about the legal system, courts and court procedures.

Henry Kendall High School had a convincing win against Tuggerah Lakes Secondary College of 212 points to 200. It was definitely a team effort, as each role was scored individually by our Mock Trial Magistrate and totalled to obtain our winning score.

Ashleigh Arkell was an excellent first barrister, delivering her opening address extremely well and questioning her witness. Curtis Jones, our second barrister was commended on his excellent cross-examination of his witness, successfully backing her into a corner. Our two barristers were ably supported by our solicitor, Bryce Crampton. Our two witnesses, Philip Sorgese and Courtney Muir were required to learn a page of notes by memory and recalled their statements nearly word for word.

Chantelle Masters was an excellent Magistrate’s Clerk, commenting that she made friends with the Magistrate! Part of the reason for our success was the help given by our Coach, Solicitor Steve Martin. Year 11 Legal Studies would like to thank the legal firm, Conditsis and Associates (located in Gosford, opposite the Court House) for releasing Mr Martin to come and spend a period with us, advising us about our case.

SPORTS REPORT

Open Boys Cricket Vs Terrigal High School

The open boys team is getting stronger each year even if the score line is not reflective of this. Cricket is a technical and very unforgiving game at times. Unfortunately, on this occasion, our focus seemed to go somewhere else in the first five overs with HKHS on 3-0 in no time at all. Merit should be given to all players, in particular, Lewis Cavender and Wyatt Lammi for steadying the ship but tight and rapid bowling from Terrigal forced these two to remain defensive in their innings. Subsequently, when trying to push the score on, Wyatt managed to sky the ball to long-on off a short delivery and the game started to tumble. Terrigal put more pressure on throwing in their current NSW blues rep spinner. With all players putting in a great effort, unfortunately HKHS stumbled to 56 all out. Terrigal’s confidence had built from bowling and fielding well and so, with concentration (and a bit of luck), they got over the finish line with no wickets lost. The motto to the story is that time at the crease is very important, partnerships build totals. Better luck next year lads.
Open Boys Soccer Vs Northlakes High School

This really was a game of two halves and, having had a hard time against Gorokan High school last year, HKHS was out to prove that this year could be different against Northlakes High School. For the first 15 minutes the game was very even both sides having opportunities and playing the ball around at feet. Northlakes’ frontline began to be very deceptive, ducking behind defenders and then sprinting to open space to fire one on one, with Kale Morrow in goal. After some encouraging discussions, the team was back on the field and played a much better second half. They chased down players, getting to the ball first and were rewarded by two breakaway goals from Aaron Gunn. Callum Blinco was also unlucky, hitting the cross bar. This team has great potential and, with only a couple of players leaving this year, HKHS could be a force moving into next year’s competition. We wish Callum Blinco, Anthony Walton and Geoff Talbott luck in the future with their playing careers.

STUDY SMART

Exams can be a stressful time for many of our students, and in the lead up to year 12 Half Yearly Examinations, here are some tips to help students stay organised and prepare for study.

The 5 Rs
- Regular - help them set aside a time each day for study and revision and stick to it.
- Review – remind them to spend time revising what they’ve learned each day. Don’t leave revision until exam time.
- Recite – As they study, they should stop and recall what they’ve read, seen and thought about to increase their retention.
- Resist – Time is a student’s most valuable asset so encourage them to resist procrastination and time-wasting.
- Reward – They should reward themselves for sticking to their study schedules.

Study tips for Young People
- Establish a study schedule
- Study when they are alert and rested
- Create a quiet, comfortable study environment
- Prepare by prioritising and having everything ready.
- Have a system for organising notes.
- Study different subjects each day.
- Test themselves regularly.
- Exercise regularly to boost energy.
- Be willing to improve the way they study.

Remember: “Just as you learn to speak by speaking and run by running, you learn to study by studying.”

CAREERS CORNER

DEFENCE FORCE RECRUITING UPCOMING INFORMATION SESSIONS

All sessions to be held at 528 Hunter St, Newcastle

ADFA Engineering Specific Information Session Tuesday 1 April, 6.00pm
Combat Information Session Wednesday 9 April, 6.00pm
For more information: http://www.defencejobs.gov.au

Do you need a Whitecard?

There is a Whitecard Course being run in the school holidays through Novaskill.

Date: 16 April 2014
Time: 9.00 – 3.30pm
Cost: $85.00
Must produce student identification on day of training or a letter from the school
Address: Suite 15, 1 Reliance Drive, Tuggerah
To book: Phone Sarah Fraser on 4357 8600 or email sarahf@novaskill.com.au

CENTRAL COAST CAREERS PATHWAYS EXPO 2014

YEARS 11 & 12 ARE INVITED TO ATTEND THIS INFORMATIVE EXPO

DATE: TUESDAY 24 JUNE 2014
WHERE: AVONDALE COLLEGE, COORANBONG
AN INFORMATION LETTER WILL BE DISTRIBUTED TO STUDENTS IN EARLY TERM 2
SOS, SOS, SOS

to all parents and grandparents

the Canteen urgently needs volunteers

Please spare a day to help out our friendly Canteen staff

If you can help, please phone Jenny on 4325 3837