What’s Happening In Term 4

Week 1
6/10/14  Public Holiday
7/10/14  School Resumes
9/10/14  Year 9 Welfare Day
10/10/14 Game Training Roadshow
10/10/14 Year 11 Barista Course
11-12/10/14  Relay For Life-Mingara

Week 2
13-18/10/14  HSC Exams
14/10/14  Year 11 into 12 Interviews
15-16/10/14  Year 11 Crossroads Camp
17/10/14  VET Excursion Sydney

Week 3
20-24/10/14  HSC Exams
20-24/10/14  Year 11 Retail Work Placement
21/10/14  P&C Meeting -7.30pm in Library
23/10/14  Year 5 Taster Day
24/10/14  Year 10 Barista Course

Week 4
27-31/10/14  HSC Exams
28/10/14  HSC Assessment Workshop-7pm Library

Week 5
3-6/11/14  HSC Exams
3-7/11/14  Year 11 Primary Industries Work Placement
7/11/14  RoSA Exams
7/11/14  Yr11 P&I Day Sydney

Week 6
10/11/14  RoSA Exams
10/11/14  Year 12 Sign Out Day
10-14/11/14  Year 11 Hospitality Work Placement

Week 7
17/11/14  Year 12 Formal
17/11/14  Year 10 Elevate Seminar
18/11/14  P&C Meeting-7.30pm in Library

Week 8
27-28/11/14  Year 11 Crossroads Camp
28/11/14  Special Education – School Spectacular

Week 9
3/12/14  Year 7, 2015 Orientation Day
4/12/14  Year 9 Rewards Day

Week 10
8/12/14  Year 10 Dinner-Dance
10/12/14  Year 8 Rewards Day
11/12/14  Presentation Evening
12/12/14  Special Education Xmas Party

Week 11
17/12/14  HSC Results Released
17/12/14  Term 4 Finished for Students
18-19/12/14  Staff Development Days

As Term 3 draws to a close we have an opportunity to celebrate some wonderful achievements of our students, school and learning community; our Performing Arts Nights, Year 12 Graduation, our Celebration Assembly with our partner schools, Year 5 Taster Days at Henry Kendall High, excellent achievements in the Year 11 preliminary examinations, the VisTAS exhibition and showcase of our HSC Visual Arts and TAS Major Projects, excellence in the Zone Athletics, the induction of our new school leaders and SRC for 2015, Plant a Tree Day, fantastic commitment and achievements in the Max Potential Program, outstanding HSC major projects, and individual achievements such as Rachel McAndrew and Matthew Callaghan of Year 12 being Selected in Starstruck as featured vocalists, and Anna Thompson of Year 11 being selected as a backing vocalist.

The achievements and exciting opportunities provided by our school keep coming, and are too many to list comprehensively. On top of this we need to acknowledge the great number of students who achieve personal bests each day, who consistently put in effort to their learning (academic and social), who simply have a go, and those who contribute to the life of our school through who they are as people. There is just so much to recognise and celebrate about Henry Kendall High, and Term 3 certainly highlighted this.

SAS RECOGNITION WEEK

On the topic of recognising people, in Week 8 we celebrated the National Recognition Week for all School Administrative and Support Staff (SAS). The theme of our recognition week was “Stepping up to the Challenge”. Every day of the school year SAS Staff face new challenges in the running of our school, and in supporting the provision of quality education which our children will need for life in the 21st century. They are constantly adapting to change so that our students will have the best educational opportunities possible. At Henry Kendall High our SAS Staff are a dedicated group of professionals who are valued members of our school community without whom we could not operate. They play a vital role in students learning by assisting teachers with implementing educational programs, maintaining records, and looking after our grounds and resources. I thank them for their hard work and dedication towards the growth and vitality of Henry Kendall High.

YEARS 12 GRADUATION

On Thursday 18 September we celebrated the Year 12 graduation. This most important event on our school calendar marks one of the last formal occasions that our Year 12 students will be together as a year group; as such it is seen as a rite of passage. Up till this point their futures have been pretty predictable, five days a week they would be attending school, they knew the timetable you would be following before they arrived, they knew (for the most part) who their teacher was going to be, they had an idea of the work they would be doing, before they arrived, they knew (for the most part) who their teacher was going to be, they had an idea of the work they would be doing, basically had their lives laid out for them while at school. Year 12 leave the predictable structured life that is school to an unpredictable life that will be the next stage in their journey and this will be different for each and every individual. Many students will get to share some of their experiences using Facebook, twitter and other forms of technology. Some will go to study further at a tertiary level, be it TAFE, an Institute of Technology or a University.
Some will take a gap year and maybe travel overseas. Others will take on apprenticeships or traineeships.

Year 12, your journey through life now opens up before you. When choosing your career path, I encourage you to base your decisions on information that is reliable, current, factual and complete. Make the most of your choices and the pathways you travel along; often there is not a clear or single pathway that is absolutely right or perfect for you. The essence of life is experiencing the pathways and learning from them, using the knowledge gained to help you to choose the next pathway to follow. I can guarantee that you won’t always get it right, but there is always something to learn from your decisions or choices; if you do learn from them, then it is not a wasted experience. There will be times that something that seems wrong at the moment will appear right at a later stage, this is all about becoming wiser, and wisdom is only something that comes with experience.

Most importantly, honour the integrity of who you are. The word integrity comes from the ancient Roman army. During morning inspections as the inspecting Centurion came in front of each Legionnaire, the soldier would strike with his right fist the armour breastplate that covered his heart. The armour had to be strongest there in order to protect the heart from sword thrusts and from arrow strikes. As the soldier struck his armour, he would shout "INTEGRITAS", which in Latin means wholeness, completeness and entirety. The inspecting Centurion would listen for the shout and the ring of the armour metal. Satisfied that the armour was sound and that the soldier beneath it was protected, he would move on to the next man. INTEGRITAS not only showed the armour was sound, but also indicated that the soldier wearing the armour was sound of character. He was complete in his integrity. His heart was in the right place. His standards and morals were high.

Your education is your armour. Your knowledge and wisdom make you whole and strong. You are well prepared for life beyond school. Hold fast to your INTEGRITAS and live the best life you can.

On behalf of the staff at Henry Kendall High School I wish each and every Year 12 student the very best of luck in your HSC and the happiness of a productive life in whatever pathway it is that you have the courage to follow.

Mr Andrew Backhouse - Principal

FAREWELL YEAR 12

Congratulations to all Year 12 who have successfully negotiated the last few weeks of their schooling. The high standard of preparation, work and application from students, parents and staff are a credit to you all. The HSC exams begin on 13 October and I wish everyone the best. This Year 12 cohort in particular, have been the best group I have been involved with in my 35 years in education.

COURSE SELECTIONS

Years 8, 9 and 10 Elective and Senior Course selections have been completed. Congratulations to all students who have completed their online selections very promptly and accurately. It was done in a very mature way. The school is finalising any last minute adjustments to ensure that students obtain as close to their preferred options as possible. However, all selections cannot be guaranteed due to class sizes and some overlapping courses.

ATTENDANCE & SMS

Attendance at school correlates closely to success. Students cannot succeed if they are not in class. Please ensure that your son or daughter attends each day. Absences should only be for genuine illness. Absences for other reasons can send a clear message that attendance is of little importance. As outlined in the past, we send SMS messages to parental mobile phones whenever their child is absent or late. If you have not been receiving these texts, would you please confirm your number with the office.

SUPPORT THROUGH EXAMS

How can you support your child through exams?

- When they are studying, provide something to eat or drink without being asked. During exams make sure they have a sufficient breakfast and a good night’s sleep.
- Some parents might be able to alternate time off work to provide support including pick up after exams or preparing breakfast or a meal prior to leaving for an exam. Being around to talk to makes a lot of difference.
- After exams, avoid asking questions such as:
  - How did you go?
  - Do you think you passed?
- Try not to start taking over when providing review assistance at home. Kids will remember things easily if their mind is not cluttered with unnecessary tips and dos and don’ts.
- Keep the house clutter-free and noise at lower than usual level during the review period.
- If they feel stressed talk to them and discuss options. If needed, suggest to get help from the school counsellor (because the counsellor is not related, they are more objective than parents).


Mr Bob Cox – Deputy Principal Years 8, 10 & 12
FAREWELL YEAR 12

Term 3 is a time of great change for Year 12 as they complete their trial exams, assessment marks are entered and they must say goodbye to their second home after thirteen years of formal schooling. The Year 12, 2014 cohort are characterised not only by academic and personal excellence but as a group they are cohesive and supportive. This sense of togetherness was represented clearly as they arrived at school for one of their last days riding theirs or others bikes. The grand show was an example of the real fun and entertainment brought together by beautiful community members. The Year 12 BBQ, cake stall and dodgeball competition as part of their final activities were also conducted in a fun way which again was a credit to all involved. They are a group of fantastic individuals who have always and will continue to define themselves through their actions, activities and achievements.

From me personally I would love to thank my two senior classes who have been a complete delight to watch develop into purveyors of fine literature and astute historians. To the many Year 12 students who accompanied me through the trenches of Belgium and ruins of Pompeii, thanks for the beautiful memories.

YEAR 7

Year 7 have been working very hard this term and have completed lots of tasks. They are all working hard as they enter their last term in Middle School.

During the holidays I would like to remind all students and community members about the importance of self-reflection and the significance of considering other students' feelings. Year 7 have had some issues with the appropriate use of social media, always consider the purpose and effect of all images and texts placed on these sites. In particular I would like to remind students that no images should be placed on any site without the permission of the person involved.

YEAR 9

Our student leaders in Year 9 have been very busy this term training for their 627 Mentoring Program. The program is a wonderful opportunity for the promotion of positive role models and I would like to congratulate all mentors for their selection and participation.

Year 9 leaders will also take on a very active role in our transition program that will begin in Term 4. We have our Year 5 Taster Day and the Year 6 Orientation Day which is a great opportunity for our Partner School students’ to experience the diversity of experiences and activities we have to offer at Henry Kendall High School.

YEAR 11

Year 11 have just completed their preliminary exams and are ready for a well-deserved break as they prepare for their Higher School Certificate. We look forward to celebrating many successes with the Year 12, 2015 students who are dedicated to academic and personal excellence.

Mrs Natalie Wearne – Relieving Deputy Years 7, 9 & 11

FROM THE SCHOOL COUSELLOR

USEFUL PARENTING TOOL

Parenting is not always easy, and unfortunately children do not come with an operation manual. Below is a link to an Excellent AUSTRALIAN Parenting Website called Raising Children Network with all kinds of evidenced based information on all things ‘Parenting’. What might be useful is the ‘Talking to Teens’ section with fantastic interactive video assistance for many common yet tricky situations. Worth a look!

http://raisingchildren.net.au/communicating/talking_to_teens.html

HIGHER SCHOOL CERTIFICATE

Higher School Certificate time is a trying one for the whole family where stress management and balance are needed. Beyond Blue is an excellent resource for parents of Year 12 students, who want to support in the best way they can.

Check out the flyer at the end of the newsletter or visit the website www.beyondblue.org.au.
I wish you all the best.

Ms Liane Porter – School Counsellor

P&C News

Henry Kendall P&C meet on the 3rd Tuesday of each month at 7.30pm in the school library. All welcome.
The TAS Expo component of ViSTAS showcased outstanding work produced by students at Henry Kendall High School. Approximately 250 people viewed the projects and attended the award ceremony.

The TAS Faculty would like to thank the students’ parents who have, over the last nine months, endured the trials and tribulations of their sons and daughters’ commitment to their Major Projects. You can be very proud of what they have achieved.

Award winners were:

<table>
<thead>
<tr>
<th>NAME</th>
<th>COURSE</th>
<th>CERTIFICATE FOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rebecca Jauhiainen</td>
<td>Society and Culture</td>
<td>Outstanding Personal Interest Project</td>
</tr>
<tr>
<td>Tahmyna Khoshnoud-Rad</td>
<td>Society and Culture</td>
<td>Outstanding Personal Interest Project</td>
</tr>
<tr>
<td>Marnie Pembroke</td>
<td>Society and Culture</td>
<td>Outstanding Personal Interest Project</td>
</tr>
<tr>
<td>Bree Wardrop</td>
<td>Society and Culture</td>
<td>Outstanding Personal Interest Project</td>
</tr>
<tr>
<td>Chelsea Orr</td>
<td>Society and Culture</td>
<td>Excellent Personal Interest Project</td>
</tr>
<tr>
<td>Olivia Koltsis</td>
<td>Information Processes and Technology</td>
<td>Excellent Major Project</td>
</tr>
<tr>
<td>Bree Wardrop</td>
<td>Design and Technology</td>
<td>Outstanding Major Project</td>
</tr>
<tr>
<td>Sophie Booth</td>
<td>Design and Technology</td>
<td>Outstanding Major Project</td>
</tr>
<tr>
<td>Tanika Sorridimi</td>
<td>Design and Technology</td>
<td>Excellent Major Project</td>
</tr>
<tr>
<td>Katrina Hofkamp</td>
<td>Industrial Technology - Timber</td>
<td>Excellent Major Project</td>
</tr>
<tr>
<td>Amie Schultz</td>
<td>Industrial Technology - Timber</td>
<td>Excellent Major Project</td>
</tr>
<tr>
<td>Jarrod Lynch</td>
<td>Industrial Technology - Timber</td>
<td>Excellent Major Project</td>
</tr>
</tbody>
</table>
CREATIVE AND PERFORMING ARTS

Term 3 is always a huge term for the CAPA faculty with all of our practical HSC assessments due, as well as wrapping up the rest of our Year 12 curriculum in class and then also putting on two Performing Arts Nights at Laycock Street Theatre. I would like to congratulate our students for working so hard throughout this term under immense pressure, as well as the CAPA staff for their dedicated support of our students to ensure the best possible results they can achieve.

DRAMA

On Monday 25 August 2014 our HSC Drama students completed their practical performance assessments for two external markers from the Board of Studies. By all reports, the students did themselves extremely proud and performed at their peak abilities. Parents and friends were also treated to an exclusive pre-viewing on the Friday night before this exam which was very well attended and received. Congratulations to all of those students, as well as Mrs Rebecca Cooper for her commitment to these students throughout their Drama studies at HKHS. It is a requirement of the exam that we provide an audience of 30 students from Year 11 and I would like say a big thank you to those students who provided our Year 12’s with an enthusiastic and responsive audience. HSC Drama students are now studying hard to prepare for the HSC Drama written exam which takes place on Monday 27 October 2014 in the HKHS MPC.

Year 11 Drama students have also had an extremely successful year and are currently sitting their end-of-course exams which will consist of both a written and practical Drama assessment. We wish them all the best for these tasks. When they return in Term 4 they will commence studying the HSC syllabus in preparation for their final year of schooling. The Stage 5 Drama class (combined Year 9 and Year 10 students) presented a wonderful pantomime performance at the Performing Arts Night which demonstrated some fine acting skills and comedic timing. We are very pleased to see all of these students developing strong self-esteem and confidence in front of an audience.

MUSIC

On Monday 25 August 2014 our HSC Music students completed their practical examinations for two markers from the Board of Studies. It was a very long, intense day trying to get through 56 live performances and 2 Viva Voces (a 10-minute interview with the examiners) in 8 straight hours, but the students overcame nerves, performed exceptionally well and should be proud of their efforts. A big thank you to the students who, in addition to performing their own pieces, also accompanied other students - in particular, Etch Austin who played Drums and/or Guitar for at least 6 other songs and hung around all day to support his peers; Ben Lee who is not even in HSC Music, but gave up his free time to help accompany others; and all of the external, professional accompanists and tutors who came in to play for our students.

Another big thank you to Ms Dawn Keft and Mr Michael Mellish who were a huge help on the day assisting with catering for the markers and with roadie/guitar tech duties. HSC Music students are now studying hard to prepare for the HSC Music Aural exam which takes place on Monday 20 October 2014 in the HKHS Library. Mr Clift will be holding a whole day study session on the Thursday before this (16 October 2014) for students to get in some last minute studying for the exam.

Year 11 Music are currently completing the end of course exams after a very successful year of study covering topics such as Methods of Notating Music, Rock Music and Australian Music. They will return in Term 4 and begin working on the HSC curriculum and will start preparing their practical program as soon as possible.

VISUAL ART

Year 12 Visual Art students have completed their Body of Work submissions and the results have been very high indeed. On Thursday 28 August 2014 we opened up the Visual Arts Workshop for our annual VisTAS Major Work exhibition in collaboration with the TAS faculty who were also displaying HSC Major Works from their subjects. It was wonderful to see so many parents, friends, staff and ex-students coming along to check out these amazing works. On the Friday morning following we were even visited by an inquisitive and excited group of students from Gosford Public School (GPS) who came to ‘oooh’ and ‘ahh’ over the artworks. We ran a voting system during VisTAS, and a separate one with the primary students to see who would win a Peoples’ Choice Award and a GPS Students’ Choice Award. The results are as follows:

**Peoples’ Choice Award (as voted by visitors to the VisTAS Exhibition and students from HKHS):**
1st Prize = Crystal Russon ($60)
2nd Prize = Laura Kostalas ($45)
Equal 3rd Prize = Brody Gunn and Sophie Booth ($25 each)

**GPS Students’ Choice Award (as voted by the students from Gosford Public School):**
1st Prize = Rachel McAndrew ($20)
2nd Prize = Sophie Booth ($10)
3rd Prize = Bree Wardrop ($5)

There was a very positive response for all of the artworks presented and these six prizes were hotly contested. Congratulations to all of these students for their outstanding work.

Mr Damien Clift – Head Teacher CAPA

Henry Kendall High School – where exceptional teaching and learning programs are paramount
SPORT REPORT

Term 3 has been very busy for our sporting competitors. Firstly Laura Ghali competed in the CHS Cross Country – then backed up the following week to run in the 1500 and 3000m at Regional Athletics. What a great effort! There were many other outstanding performances at Regional Athletics, particularly by Jessica Morrice, Harrison Whitney and Oscar Tebbutt, all qualifying for CHS Athletics and finishing in the top ten of the State. Congratulations particularly go to Oscar for placing 4th in the Under 15 walk. He has two more years in this age group so hopefully he’ll be up on the podium next year.

Emily Hoyle represented HKHS in the State Inter-schools snowboarding competition which was a great effort to even qualify. Maybe next year we may get a team competing with some of our other snowboarding talent out there!

The Years 9 and 10 girls played in the Sydney North competition last week and all represented the school very well, finishing about mid-field. Stand out players were Laura Johnstone and Caelyn Ryan. Many thanks to Emily Wardle of Year 12 for umpiring for us. We will miss you next year!

All of our athletes have done us proud throughout the whole year and I look forward to next year’s carnivals when hopefully everyone will be injury free! Just a reminder that Term 4 sport selections are due on the first Friday back next term. Please ensure your child hands in their note to the front office ASAP. You will find the note at the end of this newsletter.

Mrs Julie Starkey – Sports Organiser

VOCATIONAL EDUCATION

Congratulations to all of the Year 12 Vocational Education students for successfully achieving their competencies in the following courses: Hospitality, Metals & Engineering and Primary Industries. The skills and knowledge that you have learnt over the past two years will prove to be invaluable in your future endeavours that you may follow when you leave school. We wish all of you the very best in your future careers.

Mrs Caroline McTeigue – Relieving Head Teacher VET
CELEBRATION ASSEMBLY

Our Celebration Assembly was held at Henry Kendall High School, jointly with Gosford Public School and Point Clare Public School on 28 July 2014, in recognition of Education Week. Recognition included services to the school community, leadership and academic success. A special thanks to Mr John Newman for his organisation of this special event.

Congratulations to the Award recipients for 2014.

Band 6 2013 HSC

<table>
<thead>
<tr>
<th>Award Recipient</th>
<th>Subject</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hannah Beasley</td>
<td>Visual Arts</td>
</tr>
<tr>
<td>Samuel Burrell</td>
<td>Mathematics Extension 2</td>
</tr>
<tr>
<td>Ryan Carson</td>
<td>Legal Studies</td>
</tr>
<tr>
<td>Zachary Carr</td>
<td>Japanese Beginners</td>
</tr>
<tr>
<td>Anni Dai</td>
<td>Mathematics</td>
</tr>
<tr>
<td>Emma Mulligan</td>
<td>English Standard</td>
</tr>
<tr>
<td>Oliver Behling</td>
<td>Industrial Technology</td>
</tr>
<tr>
<td>Emily Coleman</td>
<td>Ancient History</td>
</tr>
<tr>
<td>Jenaya Little</td>
<td>Mathematics</td>
</tr>
<tr>
<td>Brittany Mitchell</td>
<td>Biology</td>
</tr>
<tr>
<td>Alyssa Kale</td>
<td>English Standard</td>
</tr>
</tbody>
</table>

Certificate of Achievement

<table>
<thead>
<tr>
<th>Award Recipient</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tom Brewer</td>
<td>National Boccia Junior Double Champion</td>
</tr>
<tr>
<td>Mitchell Carlin</td>
<td>Team Australia Special Olympics—Swimming</td>
</tr>
<tr>
<td>Emily Sharpe</td>
<td>Community Service—Stage 4 Dance Group</td>
</tr>
<tr>
<td>Blake Leccas</td>
<td>NSW 15’s Representative Rugby Union</td>
</tr>
<tr>
<td>Amy Gallagher</td>
<td>Community Service—HKHS Coffee Shop</td>
</tr>
<tr>
<td>Emily Hoyle</td>
<td>Interschool Snowsports Championships</td>
</tr>
<tr>
<td>Jaid White</td>
<td>NAISDA Dance Scholarship</td>
</tr>
<tr>
<td>Tyla White</td>
<td>NAISDA Dance Scholarship</td>
</tr>
<tr>
<td>Paul Russell</td>
<td>Community Service—Mentoring Students</td>
</tr>
<tr>
<td>Courtney Muir</td>
<td>UNSW Winter School Scholarship</td>
</tr>
<tr>
<td>Rachel McAndrew</td>
<td>Starstruck 2014—Featured Vocal Artist</td>
</tr>
<tr>
<td>Anna Thompson</td>
<td>Starstruck 2014—Featured Vocal Artist</td>
</tr>
<tr>
<td>Matthew Callaghan</td>
<td>Starstruck 2014—Backing Vocalist</td>
</tr>
<tr>
<td>Leigh Saggus</td>
<td>Diamond Volunteering Award—St John Ambulance</td>
</tr>
<tr>
<td>Jarrod Lynch</td>
<td>NSW and NSWCHS Water Polo</td>
</tr>
<tr>
<td>Nebelie Mutukura</td>
<td>State Drama Camp Participant</td>
</tr>
<tr>
<td>Jessica Muspratt</td>
<td>State Drama Camp Participant</td>
</tr>
<tr>
<td>Abbey Wilcox</td>
<td>Winter Olympics Skiing Program</td>
</tr>
</tbody>
</table>

WHAT’S HAPPENING IN OUR MATHEMATICS DEPARTMENT

MATHEMATICS ONLINE

The Mathematics faculty is currently using an innovative software program called Mathematics Online. It is a software program that supports student learning in Mathematics and can be accessed at any location where the internet is available. The Program consists of instructional videos, written examples and worksheets which students can attempt at their own rate of learning.

The Program supports the new Australian Curriculum and is a powerful adjunct to classroom teaching. The cost of the program is heavily discounted at $2.75 per student, payable at the school front office. Maths Online is available to all students in Years 7 through to 11. If you have not already paid, please do so at the front office.
SUCCESS IN AUSTRALIAN MATHEMATICS COMPETITION

During August 2014 students at Henry Kendall High School competed in the Australian Mathematics Competition. Only the very best Mathematical students across Australia compete. I am pleased to report that eleven of our students gained a Credit and one Year 12 student gained a Distinction. Congratulations to the following students:

<table>
<thead>
<tr>
<th>Year</th>
<th>Credit</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7</td>
<td>Credit</td>
<td>Mason Colwell, Emily Chung, Zac Hegyessy</td>
</tr>
<tr>
<td>Year 9</td>
<td>Credit</td>
<td>Emily Boelhouwer, Phyllis Lo</td>
</tr>
<tr>
<td>Year 10</td>
<td>Credit</td>
<td>Seokyoung Inn, Ella Whelan, Angus Jenkins-Cox, Kale Morrow, Brett Allen</td>
</tr>
<tr>
<td>Year 12</td>
<td>Distinction</td>
<td>Daniel Eickelman, Emily Chen</td>
</tr>
</tbody>
</table>

Mr Paul Whiting – Head Teacher Mathematics

KOKODA YOUTH LEADERSHIP CHALLENGE 2014

Joshua Meyer is one of the Central Coast students to be sponsored by the Gosford RSL for the Kokoda Youth Leadership Challenge of 2014. His journey from Kokoda Village to Owers’ Corner will take him across the New Guinea highlands and through a world of extreme conditions and exceptional beauty. Significantly it will allow him to walk in the footsteps of those who fought in a brutal and demanding campaign of the Second World War. Congratulations Joshua, we look forward to hearing about your experiences next term.

On the 20th of September, I will be leaving for Papua New Guinea for 11 days, 9 of which will be spent on the Kokoda Track, completing the RSL Kokoda Youth Leadership Challenge. While trekking the Kokoda Track, I look forward to meeting new people from around Australia, being physically challenged and most importantly learning about the battles that took place along the track. Each day starts with a briefing of what is to be expected for the next 24 hours, the briefing will also be accompanied by a ‘battle site briefing’ in which the trek leader will tell us about the battles that took place, including Imita Ridge, Isurava and Eora Creek. Although the main objective of this trip is to promote leadership, I believe I will come away with much more, including an enhanced appreciation for the Australian military, and a greater understanding of the Kokoda Campaign. In Year 9 and 10, we studied the Kokoda Campaign in History, walking the Kokoda Track, and visiting the battlefields we learnt about in class, will no doubt be beneficial to these studies but also very rewarding – Joshua Meyer

Mr David Ardley - HSIE

SHOW YOUR COLOURS DAY

Show your colours day was held on Friday 5 September to raise money to fight cancer. The day was a fun day for students and staff to dress down and wear your favourite footy colours or just your favourite colours. $172.15 was raised through coin donations and forwarded to the Fight Cancer Foundation. Thank you to Mr Rod Pratt for organising the day.
INTERACT NEWS

CHANGEOVER DINNER

Earlier in the term Henry Kendall High School Interact held their annual committee changeover. I would like to acknowledge the wonderful efforts of the 2013-2014 committee. They have run fundraising and awareness campaigns for Coast Shelter including: Give Up Your Bed Night, a canned food and toiletries drive and a jacket and blanket drive for winter. They have also donated money to New Hope Orphanage in Cambodia and The Salvation Army's Youth off the Streets.

We are glad to say that many of our committee are returning in new roles for the 2014-2015 year.

Congratulations to:

President - Seohyun Inn
Secretary - Teneille Jacobson
Seargent at Arms - Zac Pearce
International Officers – Aliyah Khoshnoud-Rad & Anna-Kate Phillips
Publicity Officers - Phyllis Lo & Seokyoung Inn

We are lucky to have a team of very dedicated and caring students who will continue to strive to make a difference in our wider community.

Outgoing President Phyllis Lo inducting the incoming President Seohyun Inn

The Committee: (Seohyun Inn, Anna-Kate Phillips, Aliyah Khoshnoud-Rad, Phyllis Lo, Seokyoung Inn, Zac Pearce)
with Rotary Youth coordinator Craig Giles and Gosford Rotary President Barry Henwood

FUNDRAISER BREAKFAST

On Friday 29 August Henry Kendall High School's Interact Club held a 'Brekkie for Bikes' fundraiser to raise money to buy bikes for the children at the New Hope Orphanage Cambodia. These bikes not only improve their quality of life but more importantly assist them in getting to school each day. The fundraiser was a huge success with lots of Bacon and Eggs sold and over $550 raised. This will enable us to buy 11 much needed bikes. Thank you so much to everyone who supported. We would like to say a special BIG thank you to Mr Gary Cooper for being chief chef on the day. We would also like to thank The Fat Goose Cafe at Killcare for donating all the eggs! Your generosity is extremely appreciated.

Ms Dani Bath - Interact
Congratulations to Year 8 students on a wonderful start to their Geography studies in 2014. Students have completed an assignment on World Heritage sites and a test this semester. Students have demonstrated a deep understanding of new concepts, as well an appreciation of the superb natural and cultural sites protected by UNESCO and the World Heritage Convention.

Year 8 Young Achievers Geography students were challenged by their Bloom’s Revised Taxonomy assessment task based on globalisation. Mr Macdonald and Mr Ardley have been very impressed with their sophisticated and creative work on a very difficult geographical concept. Well done!

Year 9 History students have completed an oral presentation task based on their understanding of propaganda from World War I and II. Students have to encourage other students to support the war effort, enlist in the armed forces or support actions on the Home Front. Class teachers have been impressed with students’ original and confident approach to this task.

Year 10 History students have been grooving to ABBA, Daddy Cool, Sherbert and Skyhooks as part of their Decade Study – the 1970’s. Teachers have been amazed by the creativity displayed through the visual representation task. This task focused on key social and cultural changes that helped shape Australia and the world. Students are currently immersed in a study of the Whitlam Government election, program of reform and eventual dismissal.

The HSIE Faculty would also like to congratulate the following students on their outstanding achievement in HSC subjects. Your focus and determination to succeed has resulted in 1st place rankings. Well done!!

Laura Kostalas - Ancient History
Varun Rao - Business Studies
Georgia Gow - Legal Studies
Sophia Georgas - Modern History
Tabitha Duffy - History Extension

All HSIE faculty members would like to wish Year 12 all the very best for the HSC examinations. Please make sure you touch base with your class teachers, seek feedback on practice extended responses or clarification of terms/concepts.

The Language Faculty would like to wish our HSC students all the very best for their upcoming HSC Exams. Ms Laffan has been incredibly proud of the achievements of all students. Congratulations to Sophie Booth (French Beginners) and Tanika Sorridimi (French Continuers) on their 1st place performances this year. It has been wonderful to watch students’ confidence and love of language develop over time. I thank Ms Laffan for her dedication and determination to support our French classes in every way possible. Bonne Chance!

It has been an incredibly productive term in Middle School with a significant amount of the Semester 2 assessments being completed. Congratulations to students on the many oral presentations completed this term. Confidence in our speaking skills is highly valued beyond school walls and it has been wonderful to see students make an effort to improve in this area. Students have also produced some amazing poetry as part of their English studies. The examples are only a small section of the highly imaginative work being completed by Middle School students.

Mr Mark Macdonald – HSIE, Middle School & LOTE

The Rose
The rose
A bright red lipstick
Laying
On the florist’s ground

by Caitlin Steele

Rainbow
Stood in the sky like a rainbow lollipop
The beautiful colours of happiness
A rainbow lorikeet gliding through the sky
Like a water colour painting in the sky

By Marley Irvine
Those Days
I remember those days when,
I could hear people clapping and cheering for me
When I was onstage acting the way I did
I remember those days when,
I could see my relatives and friends in the crowd
Anxiously waiting for me to begin
I remember those days when,
I could smell the victory dinner I got at home,
After having all the courage to do such a nerve-wracking performance
I remember those days when,
I could taste the delicious food
Feeling that I definitely deserved it
I remember those days when,
I could feel needed and loved
But now,
I only feel loneliness and no confidence in anything,
Like back in those days.

by Khaleesa Whittaker

Hockey
The hockey puck
A floating penguin
Gilding gracefully
On the ice
A peaceful Frisbee
Flying past into the goal

By Tom Hookway

The Desert
The desert, by day
A sizzling hot plate
Scorching the landscape
In the Australian outback
By night, a blanket of darkness
Revealing
The southern Cross

by Sophie Pearson

CAREERS

YEAR 12
Prospective 2015 university students are reminded to register their preferences on time on the UAC site by 30 September. The website is www.uac.edu.au/undergraduate and it costs $29. After this date, the cost rises substantially. However, preferences can be changed at will for no charge up until 7 January 2015.

TAFE
Hunter TAFE can be contacted on 131225 for any queries students may have about TAFE in 2015.

Hunter TAFE has advised that the selection of courses for 2015 will come online sometime in October or November. By applying the filter and referring to ‘Browse Courses’, course information and how to enrol tabs are vital for finding out about TAFE next year. Every course is different and students will need to research their options. High demand courses have more stringent criteria for enrolment. These courses are normally in Community Services and Pre-Trade Industries.

Some courses will require that students register their interest online. For high demand courses, attending the information session will be part of the recruitment process. It is advisable that students research these options before going to “schoollies.”

Attending Hornsby TAFE would be a viable option for many of our students. Hornsby is part of ‘The Northern Institute’ of TAFE and their website would need to be accessed for information on courses that are offered and enrolment procedures.

All the best for the HSC and beyond!

Mrs Lyn Hawker – Careers Adviser

WHAT’S HAPPENING IN YEAR 9……………..

YEAR 9 WELLBEING DAY
To continue our support of the social and emotional wellbeing of our students, the Welfare team have organised our Year 9 cohort to attend a presentation from the Butterfly Foundation on Thursday 9 October 2014. Year 9 will attend the presentation in a single sex session so that specific needs can be addressed. The workshops will have the following focus:

Year 9 Girls - Great Expectations This presentation addresses individual and also environmental influences on a young person’s self and body confidence - the elements that are placing pressures and expectations on young people. The topic of media progresses to explore the role of social networking sites and also advertising.

Year 9 Boys - Living Healthy This focus for this presentation is to better understand what ‘healthy living’ entails and the important role that it plays with self-esteem and body image. The dangers of dieting and overtraining are discussed as well as the importance of using positive coping strategies during high pressure/stressful times over negative ones.

These workshops will be delivered at a cost of $5 per student. Please pay at the front office.
**REWARDS DAY**

I can now confirm the date and details of our Rewards Day excursion. The date is Thursday 4 December and we are off to Wet and Wild, Sydney which we are all very excited about. The cost per student will be $60 and includes entry into the park and coach transport. The permission notes will be issued Week 1 Term 4 and personalised invitations will be based on both good behaviour and attendance this year.

**YEAR 6 TO YEAR 7 TRANSITION PROGRAM**

We have 20 Year 9 students demonstrating their leadership capabilities in a new Year 6 to Year 7 transition program. The following students have undergone specific training and next term will become mentors to some Year 6 students from Pt Clare and Gosford Public Schools. Our mentors are Emily Boelhouwer, Craig Brooks, Owen Butterworth, Max Clignett, Georgia Davis, Jessica Davies, Ashleigh Eady, Bailey Hogan, Tyler Gunn, Aliah Khoushnoud-Rad, Jade McAtamney, Jessica Morrice, Lleyton Parker, Karissa Pedavoli, Sabrina Pal, Peta Ralph, Dani Shepherd, Tiphanie Thackeray, Tom Tramner, Dylan Verrell, Brad Wood and Caitlin Waller.

**AWARDS**

Our award recipients for this week are:

**Year Award**
Katie Jane Fun, Danielle Guyot, Thomas Josephs, Courtney McPherson, Lleyton Parker and Caelynn Ryan

**Academic Achievement Award**

*Mrs Tracy Smith – Year 9 Adviser*

**STUDENT SERVICES NEWS**

Communication between school and home seems anecdotally to deteriorate at times when your child transitions to high school. I guess this may centre on the child developing into a young adult and empowering them and entrusting them to be the vehicles of communication between school and home at times. However, this is not always the case. Can I encourage you to feel comfortable to call/email your child’s Year Adviser, who coordinates all the important things about your child at school and follows them all the way til they leave us in Year 12.

Speaking of Year 12, as I am typing this newsletter, they are right in the middle of preparing to leave the HKHS family. It is an awfully stressful time for the students who are anxious, parents who are equally anxious and their teachers who are frantically answering emails late at night or knocks on doors throughout the day to re-check essays. The following excerpt was forwarded on through the intranet and is worth a mention.

**EXAM STRESS BUSTERS**

The HSC has officially begun, some time ago with the practical exams. If your teenager is sitting the HSC this year, help maintain a calm, quiet and relaxing environment at home to allow for relaxation between study. Encourage your teenager to get enough sleep, eat healthy food and exercise.

For more useful study tips go to the NSW Board of Studies website:


For smart ways to combat exam stress go to:


**STUDENT’S HEALTH**

A reminder to parents to notify the school about your child’s health.

We welcome information from parents about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child’s health care changes or if a new health condition develops.
Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child’s health and wellbeing.

Finally our team would like to say a special goodbye to our Year 12 babies who have been with us for a long time. We have loved watching you grow into beautiful human beings destined for great things. Special mention to Paul, the awesome Emilys’, Saba, Louise, Mr Josh and the boy pack Daniel, Zac and Hayden.

Mrs Rebecca Cooper – Head Teacher Student Services

SPECIAL EDUCATION NEWS

SUCCESS IN CHS ATHLETICS

Adam Moyle, Jessica Buth and Oliver Lee all competed in AWD events at CHS (State) Athletics carnival on the 4 September. Jessica competed in girls 15 years 100m, 200m and long jump and Oliver competed in the 15 years long jump. They did themselves proud achieving personal bests.

Adam Moyle competed in the boys 200m and 100m events. Adam did exceptionally well, gaining a Silver medal in the boys 16 years 100m event.

HENRY’S HIP HOP CREW

At this year’s Performing Arts Night, the Special Education Centre entered their first Dance group item. The students were taught by our volunteer dance teacher Ms Jennifer BOOTLE each week during Terms 1, 2 and 3. Big thanks to all the students involved and Ms Bath and Mrs Dickinson for their dedication in making it all happen on the night. The dance performance was a stand out on the night and was warmly received by the school and larger community. The students were ecstatic at their first attempt and are already looking forward to next year.

THE STUDENTS INVADE MYUNA BAY

The long awaited camp for the students of Special Education finally took place from Wednesday 10 to Friday 12 of September. The camp was well supported by students and was paid largely by donations and fundraising efforts of the local community with a Special thanks to Central Coast Leagues Club.

The camp was a first for many of the students in the Special Education Centre with students having great experiences canoeing, bushwalking, high ropes courses, archery, rogaining, mini golf, bushcraft and the ever challenging, terrifying giant swing.

Experiences that students share in an extra-curricula activity like camp are ones that are cherished for a long time. Students see their peers and teachers in an environment that is relaxed and removed from the school setting. Students in this environment are encouraged to face their fears and push their individual boundaries.

Mr Peter Yates – Special Education Unit
Years 8 – 10 Sport Organisation - Term 4, 2014
(14 October 2014 – 16 December 2014)

Tuesday afternoon sport is a compulsory, timetabled opportunity for students to further develop their movement related skills in a physically active environment. Henry Kendall High School offers a variety of sporting and recreational activities to enable students to meet the mandatory requirements for sport as set out by the NSW Department of Education and Training.

Please note that Term 4 sport will start Week 2 and will continue for 10 weeks until Week 11, Term 4 2014

- Payments open Wednesday 10 September 2014 and close Friday 10 October 2014. (PLEASE NOTE – AFTER THIS DATE STUDENTS WILL NEED TO CHOOSE A NON-COST SPORT.)
- Please read carefully and have your child select one sport.
- Sign the permission note and have your child return the note (with payment if applicable) to the Front Office. Credit card facilities are available.
- Those students who pay first will have priority for the sports that have limited spaces.
- All sport lists will be finalised in Week 2 of Term 4.
- Once the lists are finalised, there will be NO changes.
- Any student who does not make a selection will be placed on a sport at the discretion of the sports organiser.
- If not enough students select a particular sport, that sport will not run.
  - All students are encouraged to wear hats and sunscreen during outdoor activities and bring their own water bottle.
- No refunds will be given for withdrawal from sport for poor behaviour, if the student is absent, or if the student does not attend their allocated sport.
- All students will wear the correct HKHS sports uniform. Students may wear this to school all day if they choose. If for any reason this is not possible a note must be supplied and an appropriate change of clothes brought instead.
- Students who report to school ill or injured on Tuesdays and bring a note of explanation will complete supervised work in a classroom.
- Students who do not bring their sports gear or who miss the bus will complete supervised written work in and have their parents notified.
- Pass out notes must be handed in at the Front Office on Monday and an official DET pass out will be issued to your child on Tuesday at recess.
- Parents, caregivers and students should realise that sport is a mandatory requirement for the completion of the School Certificate and that attendance is compulsory.

Your cooperation is always appreciated.

Andrew Backhouse
Principal

Sports Organiser

Please see Term 4 Sport Choices overleaf

Sport Permission Note – Term 4 2014. Please return to the Front Office as soon as possible.

HUNGRY JACK’S, McDONALDS ETC ARE OUT OF BOUNDS TO ALL STUDENTS

<table>
<thead>
<tr>
<th>Name:</th>
<th>Year:</th>
<th>Roll:</th>
<th>Sport selected:</th>
<th>Cost:</th>
</tr>
</thead>
</table>

I give permission for my child to do the above sport during Term 4 2014. I am aware that sport costs are per term NOT weekly and will pay the full costs at the start of term. I have read and understood the agreement conditions of sport as listed above.

Parent/Caregiver Signature: ____________________________

Please note: If your child has a note to go directly home from sport, they do not have permission to go to Hungry Jacks etc. Please complete the form below and return to the Front Office ASAP with payment, if applicable.

METHOD OF PAYMENT: (Please make Cheques payable to Henry Kendall High School)

Cash Cheque VISA MASTERCARD

Card Number

Expiry Date

Card Holder Name (Please print clearly)

Signature
<table>
<thead>
<tr>
<th>Sport</th>
<th>Venue</th>
<th>Total Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archery</td>
<td>Showground</td>
<td>$70.00</td>
</tr>
<tr>
<td>Basketball</td>
<td>School</td>
<td>Free</td>
</tr>
<tr>
<td>Beach Walking</td>
<td>Terrigal</td>
<td>$55.00</td>
</tr>
<tr>
<td>Cricket/T-Ball/Volleyball</td>
<td>School</td>
<td>FREE</td>
</tr>
<tr>
<td>* Genesis Gym</td>
<td>Gosford Leagues Club</td>
<td>$70.00</td>
</tr>
<tr>
<td></td>
<td>Boys &amp; Girls</td>
<td>(includes bus fare)</td>
</tr>
<tr>
<td>** Golf</td>
<td>Gosford Golf Course</td>
<td>$80.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>(includes club hire)</td>
</tr>
<tr>
<td>Ice Skating</td>
<td>Erina Iceworld</td>
<td>$110</td>
</tr>
<tr>
<td>Powerwalking</td>
<td>Various</td>
<td>FREE</td>
</tr>
<tr>
<td>Tennis</td>
<td>Vaughan Park</td>
<td>$45.00</td>
</tr>
<tr>
<td>Swimming</td>
<td>Gosford Swimming Pool</td>
<td>$55.00</td>
</tr>
<tr>
<td>Yoga</td>
<td>Gosford</td>
<td>$50.00</td>
</tr>
</tbody>
</table>

* Students attending Gym must bring a towel or hire one for $3.00 They must also complete a medical form. ** Come and try golf- learn on the course with HK expert Mr Bentlin.